

SMALL GROUP DISCUSSION (K-2ND)

ICEBREAKER:

What were some of the first things your family stocked up on when school was canceled for COVID-19?

MEMORY VERSE ACTIVITY:

Psalm 112:7

Ask the kids what they think the writer was trying to say when he wrote these words. Then ask them how this verse is connected to today's message.

SMALL GROUP GAME/ACTIVITY:

Pass a roll of toilet paper around and tell the kids to take as few or as many squares as they want. Once everyone has toilet paper, have them tear it into single squares. Then for every square they have, they must tell one fact about themselves.

DISCUSSION QUESTIONS:

Read Matthew 4:23 and Matthew 6:25-34

What did Jesus do for sick people when He met them?

What does Jesus say about flowers?

What does Jesus say about birds?

Given all that Jesus did, do you think there is any problem too big for Jesus to handle?

What should we remind ourselves whenever we feel afraid?

SIMPLE PRAYER:

Dear God,

Take away our fears, and give us faith that you will take care of us.

In Jesus' name, Amen



SMALL GROUP DISCUSSION (3-5TH)

ICEBREAKER:

What were some of the first things your family stocked up on when school was canceled for COVID-19?

MEMORY VERSE ACTIVITY:

Psalm 112:7

Ask the kids what they think the writer was trying to say when he wrote these words. Then ask them how this verse is connected to today's message.

SMALL GROUP GAME/ACTIVITY:

Pass a roll of toilet paper around and tell the kids to take as few or as many squares as they want. Once everyone has toilet paper, have them tear it into single squares. Then for every square they have, they must tell one fact about themselves.

DISCUSSION QUESTIONS:

Read Matthew 4:23 and Matthew 6:25-34

How did you feel when the COVID-19 virus began to affect your life?

Why does Matthew make mention of Jesus healing people?

Why did Jesus speak about flowers and birds?

What are some things that worry you or make you afraid?

What should we remind ourselves whenever we feel afraid?

SIMPLE PRAYER:

Dear God.

Take away our fears, and give us faith that you will take care of us.

In Jesus' name, Amen





5 Simple Ways You Can Make This Lesson Stick With your Kids

Overcoming the Bad News Blues Lesson 1

THIS WEEK'S LESSON: FEAR NOT



IN THE CAR:

Ask your child what they learned about this week on the drive home:

There are a lot of things in the world that can make us feel afraid. Not being able to go to school or play sports because we might get sick can be scary. But you know what? God tells us that no matter what happens, we can trust God to be with us and take care of us. God shows us that we don't have to be afraid, because He can heal any disease, He takes care of the plants and animals, and He loves you very much! Matthew 4:23 Jesus Heals The Sick Matthew 6:25-34, Do Not Worry



HANGING OUT:

Make this week's lesson real:

Take a moment to talk to your kids about what happened during the COVID-19 pandemic. What things scared them? What were they not afraid of? How much did all of you rely on God to ease your fears at that time?



AT DINNER:

Here are some great discussion starters:

- Why don't flowers or birds worry?
- Why does Matthew write about Jesus healing people?
- What should we remind ourselves when we are afraid?



AT BEDTIME:

Quiz your child on this week's memory verse:

"They aren't afraid when bad news comes. They stand firm because they trust in the Lord." Psalm 112:7 (NIrV)



PARENT TIME:

What you need to know: Every generation has a story that changes them: 9/11, the Challenger, JFK, Pearl Harbor. Your kids will remember this recent time all their lives. Our hope with this series is to prepare them for the future, to give them the tools to deal with their fear, sadness, and loneliness. Today's takeaway is that when we are afraid, we know God will take care of us.